BOUNDARY THREAT ASSESSMENT



Low Risk

Gentle Language

Body language: clear, generous, kind

Assumes other person wants to respect your lim its

Leaves potential consequences unsaid



Elevated Risk

Firmer Language

Body language: clear but more firm

Used as follow-up OR if past interactions indicate higher threat

May include intended consequences, if appropriate



Severe Risk

Your most direct language

Body language clear and firm

Kind but clear you are prepared to hold your lim its

State consequences plainly, be ready to enforce